

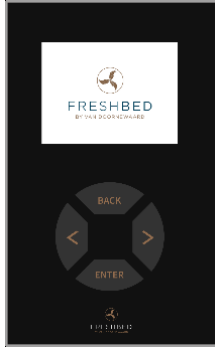


FRESHBED

BY VAN DOORNEWAARD

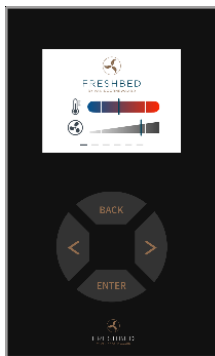
1.1 How to change Temperature and Ventilation

1.1.1 Home



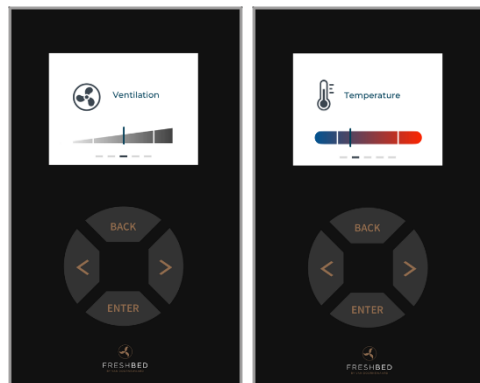
The remote control can be used to adjust the temperature and ventilation in your mattress. The handset has a memory which will automatically store your most recent preferred settings.

1.1.2 Monitoring screen



The monitoring screen displays the actual readings for both the temperature setting and fan speed.

1.1.3 Using the remote



Using the < and > button you can navigate through the main menu. Pressing ENTER selects the menu item. Pressing BACK will take you one step back. Holding the BACK button for 2 seconds cancels the selection.

The screens with the temperature and ventilation allow you to change to the desired temperature and fan speed. Clicking enter will ask you to set the temperature which can be adjusted using the < and > buttons. The ventilation can be adjusted using the same way. Note: the temperature adjustments can take some time to show in the monitoring screen as it can take some time to reach the set temperature.

We advise you, if you change the settings, to initially stay within the comfort zones. The comfort zones are the areas between the two vertical white lines in the “Ventilation” and “Temperature” displays. Upon first use, the system is best operated in an ambient room temperature of 64-66°F (18-19°C), setting the ventilation at the mid-range position and the temperature slightly left from the middle, within the comfort zones.

After some days of use, it is possible to find your personal preferred temperature and ventilation speed.

When you prefer a cool bed or use the bed on a warm summer night, you can bring up the fan speed and lower the temperature left from the middle. Using a light summer duvet and beds sheets with a good air flow will allow an optimal cooling in your bed.

When you prefer a warm bed, you can bring up the temperature right from the middle and keep the fan speed in the middle range. Using a medium or warm duvet will help create a warmer micro climate inside your bed.

